

# A Water-Efficient Home: Smart Habits for Big Savings



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Water is one of our most precious resources and in South Africa, where rainfall is low and demand is growing, every drop counts. By making a few small changes at home, you can significantly reduce your water use, lower your bills, and help build a more sustainable future.



## **Kitchen and laundry: Easy wins**

Although the bathroom uses the most water, the kitchen and laundry offer plenty of opportunities to save.

### **Use full loads**

Modern dishwashers and front-loading washing machines use much less water than washing by hand but only when run full. A full dishwasher uses just 10–15 litres, and a front-loader about 90 litres. Using them less often, and choosing eco cycles, saves both water and electricity.

### **Quick kitchen tips**

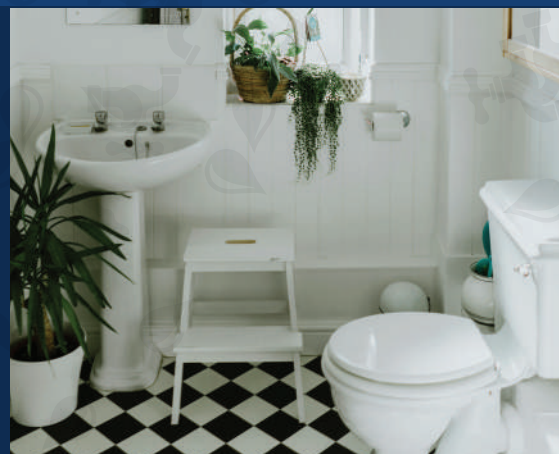
- Reuse your glass or mug all day
- Wash veggies in a bowl, not under a running tap
- Soak dirty pans instead of rinsing
- Chill water in the fridge instead of running the tap
- Use leftover cooking water in soups or for plants



**Water  
tips**

## **Bathroom: Where the real savings are**

The bathroom can account for over two-thirds of household water use, so it's the top spot for efficiency.





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## Short showers, smart fixtures

Swap old showerheads for low-flow models and keep showers under 2-5 minutes. A 15-minute shower can use up to 100 litres, while a quick one uses just 20-30 litres. Install tap aerators on bathroom sinks and turn off the tap while brushing teeth or shaving.

### Toilet tips

- Install a dual-flush or place a bottle in the cistern
- Only flush when needed – especially for urine
- Don't flush rubbish like tissues or insects
- Reuse shower water for flushing when possible



**Water  
tips**

### Small actions, big Impact

From cooking smarter to cutting shower time, small daily choices can make a meaningful difference. You'll conserve water, reduce costs, and help protect one of South Africa's most limited resources.



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